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Profile Summary

Applied Psychology practitioner, combining an academic background & ongoing upskilling in Psychology with deep expertise in corporate HR and hands-on business experience, from multiple market sectors (banking, FMCG, pharmaceutical) and diverse roles (Generalist and Specialist, Line and Consulting).

P	rofessional Experience	
ORGANIZATION DEVELOPMENT FACILITATOR HR EXPERT CAREER COACH 02/18 – to date	 Freelance practice, indicative services: Acting as a Senior Organization Development/ HR Executive for Client organizations, supporting them in building people strategies conducive to emotional engagement. Employing behavioral science principles and practices to support individuals & teams be highly effective in what they set out to do. Key achievements: Designing & delivering planned interventions, aiming at promoting individual & team effectiveness, resilience 	
	and growth.	
KORN FERRY HAY GROUP https://www.kornferry.com/ PRINCIPAL 11/16 – 01/18	 Key Accountabilities: Provision of consulting services to Clients of various sectors (e.g. Industrial, Banking, Media, Education) on strategic HR themes including organization design, succession planning, talent & performance management. Project & account management, promotion of KFHG products Key achievements: Review and re-design of the Performance Management philosophy of a major Bank, after extensive global benchmarking of the latest PM trends. 	
KORRES S.A. http://www.korres.com/ HEAD OF HUMAN RESOURCES 10/14 – to date	 Key Accountabilities: Responsible to set up and manage a strategic HR Department able to facilitate organizational performance. Fully accountable for KORRES HR strategy & performance, including the design of all HR systems, policies & practices i.e. talent management, compensation structure, organization development, culture & engagement, performance mgt. Key achievements: Development of an HR team positioned to achieve operational excellence, while actively promoting a positive employee experience. 	
BOEHRINGER INGELHEIM HELLAS https://www.boehringer-ingelheim.com/ HR & DEVELOPMENT MANAGER 11/11 – 08/14	 Key Accountabilities: HR Business Partner for the Sales organization; providing HR advisory & expertise to business managers in order to promote business results. Responsible for the realization of the company's Talent Management Framework, incl. performance management, career & succession planning, employee development and compensation planning. Key achievements: Active involvement in global HR projects in the areas of change management & organization development, incl. the local rollout of a new HRIS system as country project manager. 	
EUROBANK EFG https://www.eurobank.gr/online/home /index.aspx?lang=en	 Key Accountabilities: Responsible for the implementation of the Bank's new Developmental Planning Process, as well as sourcing & selection activities; responsible for a team of 3 S&D officers. Involvement in Management Development Projects, i.e. 360° 	

SELECTION & DEVELOPMENT ASSISTANT MANAGER	feedback and coaching of executives up to Senior Management Level.		
09/09-11/11	Key achievements: design & successful realization of the Bank's Developmental Planning Process (infrastructure, upgrade of internal expertise, branding & promotion), incl. the Employee Development Microsite (structure & content).		
HR LINE ASSISTANT MANAGER 06/06-09/09	 Key Accountabilities: Provision of HR services to the Operations & Technology General Division (total population: 1.400+ employees). Acting as a liaison between the HR Specialist Dpts & the areas of responsibility. Key achievements: Participation in strategic HR projects e.g. Employee Satisfaction Survey action planning, design of career paths, development of competency & skills dictionaries & employer branding initiatives. 		
SENIOR RECRUITMENT OFFICER 04/04-06/06	 Key Accountabilities: High volume recruitment, assessment & selection of internal and external candidates. Acting as a Quality Coordinator for the Employment & Placements Department regarding its ISO Certification. Key achievements: Successful realization of departmental infrastructure projects, i.e. design of Internal Selection procedure & development of assessment tools. 		
HAYGROUP http://www.haygroup.com/# CONSULTANT 02/02-03/04	 Key Accountabilities: Development of HR systems & competency based applications for client organizations. Design & delivery of workshops of various themes (e.g. time mgt, teambuilding, goal setting, emotional intelligence, etc.). Key achievements: Design of customized career pathing systems based on numerical comparisons of role-to-role fit. 		
SHL HELLAS HR CONSULTANT 10/98-02/02	 Key Accountabilities: Provision of consulting services, promotion of SHL products, project coordination & account management (indicative accounts: J&J Hellas, Bank of Cyprus, Hellenic Bank). Participation in recruitment, selection and executive assessment projects for client organizations. Design, implementation and coordination of Assessment & Development Centers. Design & delivery of training courses (occupational testing, interviewing and assessment/ development centers). Key achievements: Creation of psychometric assessment tools, incl. ability tests, simulation exercises and 360° methodologies. 		
	Educational Background		
ACADEMIC QUALIFICATIONS: Occupational Psychology (M.Sc.) University of London (2000 – 2003) Psychology (B.Sc.) Panteion University (1995 – 2000)	INDICATIVE PROFESSIONAL TRAINING: Certification in REB Therapy (in progress) Diploma in Positive Psychology (2015) Organization Development (2012) Harvard Business Manage Mentor (2010) Assessment & Development Centers (1999)	ADDITIONAL SKILLS: English •••• French •••• MS Office ••••	
	Personal Interests		

Fitness, Craft & Custom Clothing, Cooking